



19.7% of St.
Lawrence County
lives at the poverty
line or right below it.

For more information contact GardenShare @ www.gardenshare.org or call 315-261-8054





51% of St. Lawrence
County's children are eligible
for free or reduced school
lunch and breakfast
according to St. Lawrence
County Department of Social
Services.

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Hunger kills more people each year than AIDS, malaria and tuberculosis combined.

Source: FAO, The State of Food Insecurity in the World 2015
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Nearly 50 percent of people living in extreme poverty are 18 years old or younger.

Source: UNICEF, Progress for Children, Beyond Averages: Learning from the MDGs, Number 11, 2015

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The USDA defines "food insecurity" as the lack of access, at times, to enough food for all household members. In 2011, households with children reported a significantly higher food insecurity rate than households without children: 20.6% vs. 12.2%.

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1 in 7 people are enrolled in
Supplemental Nutrition
Assistance Program (SNAP).
Nearly half of them are
children.

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40% of food is thrown out in the US every year, or about \$165 billion worth. All of this uneaten food could feed 25 million Americans.

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Most food in the U.S. is picked a week in advance of reaching a store. Typically, a carrot will travel 1,838 miles to become part of a meal.

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If the people of an average American city were to shift 10% of their spending from chains to local businesses, it would bring an additional \$235 million per year to the community's economy.

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Food in the U.S. travels an average of 1,500 miles to get to your plate. More than 85% of farmers market vendors traveled fewer than 50 miles to sell at a farmers market in 2008.

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If you spend \$10 at a farmers' market, \$6.20 goes back into the local economy, and \$9.90 out of \$10 stays in the state; however, if you spend \$10 at a grocery store, less than \$2.50 remains local.





Twenty-five St. Lawrence County families benefit from GardenShare's "CSA Bonus Bucks" program, which helps families to purchase a CSA from a local farmer.

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In total, 76% of SNAP benefits go towards households with children, 11.9% go to households with disabled persons, and 10% go to households with senior citizens.

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As of January 2016,
45.4 million persons
were participating in
SNAP.

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In Fiscal Year 2013, SNAP provided about \$5.6 billion dollars in food benefits to a monthly average of 3,170,465 people in New York.

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Every single county in
New York is impacted
by food insecurity, St.
Lawrence County
being #1.

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In 2012, there were
5.3 million adults over
the age of 60 facing
hunger.

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Kids might have a hard time finding food outside of school. For every 100 affordable lunch programs available for school children, there are only 87 breakfast programs and four summer food programs.

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The Supplemental Nutrition Assistance Program (SNAP) might not be enough. By the third week of the month, more than 90 percent of SNAP benefits have already been used.

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Worldwide, 836
million people still live
in extreme poverty —
on less than \$1.25 per
day.

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Since 1990, global hunger has decreased by nearly half, but under-nutrition still affects 795 million people.

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3,939,067 more people are working full-time, year-round than in 2009, yet the poverty rate remains 2.5 percentage points higher than before the recession.

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A form of malnutrition is known as “hidden hunger,” and it has more to do with the quality of food than the quantity.

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