



“The Freedom of  
man, I contend is the  
*freedom to eat.*”

-Eleanor Roosevelt

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“There are genuinely sufficient resources in the world to ensure that *no one, nowhere, at no time, should go hungry.*”

-Ed Asner

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“The first essential component of social justice is *adequate food for all mankind.* Food is the moral right of all who are born into this world.”

–Norman Borlaug

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“Food is security. Food is economy. It is employment, energy, history. It is everything.”

–Jose Andres

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“When we think about millions of hungry children, we don't think about America. We relate the problem to other nations, like Ethiopia, India or Somalia. The sad truth is that *one is five American kids is at risk due to poor nutrition.*”

-- Kristen Davis

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“Many times, a child's struggle against hunger begins before [birth] because the mother is undernourished. Making sure prenatal care and proper nutrition are available for expectant mothers in need is a critical part of *ending childhood hunger.*”

- Hector Elizondo

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"Every week a tsunami rips through towns and villages all over the world. It claims *25,000 lives a day, 175,000 a week*. It sweeps children from the arms of their mothers, robs hundreds of millions of any hope for the future. *That tsunami is hunger. Help end it now.*"

- Colin Farrell

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*“Hunger is actually the worst  
weapon of mass destruction.  
It claims millions of victims  
each year.”*

-Luiz Inacio Lula da Silva, President of Brazil

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“I have the audacity to believe that people everywhere can have *three meals a day for their bodies*, education and culture for the minds and dignity, equality and freedom for their spirits.”

– Martin Luther King, Jr.

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“School feeding not only fills stomachs, but has a *proven* track record of boosting enrollment, attendance and academic performance.”

-Drew Barrymore

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“Most of our citizenry believes that hunger only affects people who are lazy...sadly, that is not true. Over *one-third* of our hungry people are innocent children...And to think of the elderly suffering from malnutrition is just too hard for most of us. In our country the problem is not having too little – *it is about not caring enough!*”

–Erin Brockovich

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“A safe and nutritionally adequate diet is *a basic individual right* and an essential condition for sustainable development.”

—Gro Harlem Brundtland





“To think that one child would go to bed hungry somewhere in this country is heartbreaking... to know how many do is virtually incomprehensible. This is *not* only a problem that exists in the far reaches of the globe. *It happens right here in our own backyard....* We must do more to make sure every child's needs are met.”

-Katie Couric

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*“Well-fed people can enhance their dignity, their health and their learning capacity. Putting resources into social programs is not expenditure. It is investment.”*

-Unknown

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*“Food – there’s no  
greater gift...”*

- Dikembe Mutombo

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“I went to bed hungry many nights as a child. It was a Dream that dressed me up when I was ragged, and it was a Dream that filled me up when I was hungry. Now it's my Dream to see that *no child in this world ever goes hungry.*”

- Dolly Parton

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"With the help of folks like you and me, [we can] tackle *the problem of hunger* one family at a time with gifts of renewable resources - farm animals that are ongoing sources of food and income."

- Susan Sarandon

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"Every new mother wonders,  
'what will I pass on to my child?'  
*Hunger is one inheritance no  
mother wants to give her child,*  
yet millions of poor women have  
for generations. Help break this  
cycle. No child should inherit  
hunger."

-Rachel Weisz



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“As long as one child is hungry, our lives will be filled with anguish and shame. What all need to know that they are *not alone*; that we are not forgetting them, that when their voices are stifled we shall lend them ours, that while their freedom depends on ours, the *quality of our freedom depends on theirs.*”

- Elie Wiesel





“It’s difficult to think  
anything but pleasant  
thoughts while eating a  
*homegrown tomato.*”

-Lewis Grizzard

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“One cannot think well,  
love well, sleep well, if one  
has not *dined* well.”

-Virginia Woolf

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*“Did you ever stop to taste a carrot? Not just eat it, but taste it? You can't taste the beauty and energy of the earth in a Twinkie.”*

-Terri Guillemets

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“The solutions are here. They’ve always been here. *Food does matter!*”

–David Wolfe

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“The problem is we are not eating *real food* anymore. We are eating food-like products.”

–Dr. Alejandro Junger, Hungry for Change

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“The nation’s fiscal health is dependent upon the health of the next generation. When we consider the cost of inaction in a matter of national security, *lives are at stake.*”

-Debra Eschmeyer, Co-Founder of Food Corps



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“You don’t need a  
silver fork to eat  
*good food.*”

-Paul Prudhomme



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“We need a *new definition* of malnutrition. Malnutrition means under- and over-nutrition. Malnutrition means emaciated *and* obese.”

-Catherine Bertini, UNW Food Programme





“Hunger is not an  
issue of charity. It’s an  
issue of *justice*.”

-Jacques Diouf

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*“35 million people in the U.S. are hungry or don’t know where their next meal is coming from, and 13 million of them are children. If another country were doing this to our children, we’d be at war.”*

-Jeff Bridges



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“If you can’t feed  
a hundred people,  
then feed just  
*one.*”

-Mother Teresa

